Highland Park Senior Center Calendar - September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Upcoming Trips Hunterdin Hills Playhouse Dec 5th "A Playhouse Christmas" $72.00. $10 non refundable **Depost due 9-8-17** $10.00 Transportation fee	**Upcoming Trips** Radio City Music Hall Christmas Spectacular Thurs. Nov 30th at 11:00am $75.00 a Person Call Center for Details				1 **Center Closed**	2
3	4 **Center Closed** Happy Labor Day!!	5 9:00 Taiji (RoomTBA) 10:00 Painting - Room 2 10:00 Chorus 11:00 Piano Instruction with Gwen **12:00 Lunch Program $5.00** 12:30 Bingo 1:00 Bridge	6 9:00 Taiji (RoomTBA) 10:30 Yiddish Group 11:45 Exercise w/Donna F **12:30 Trip: Wal-Mart/TGI Friday's North Brunswick**	7 8:30 Taiji (RoomTBA) 9:30 Healthy Bones-CANCELLED 10:00 Painting -Room 2 **12:00 Lunch Program $5.00** 12:30 Bingo **1:00 ARA MEETING** 2:00 Tai Chi (Courtroom)	8 9:00 Taiji (RoomTBA) 9:30 Painting - Room 2 **10:00 Writing Group-Library** 11:30: Exercise/Chair Yoga/Tai Chi with Donna F.	9
10	11 9:00 Taiji (RoomTBA) 10:00 Painting - Room 2 **10:30 Blood Pressure - Library** 11:30 CHAIR YOGA **1:00 Movie: COMEDY "Going in Style," Starring Morgan Freeman-Call Center for Details**	12 10:00 Chorus **11:30 Sustainable HP PRESENTATION-"BAG IT"** **12:00 Senior Luncheon Entertainment: Don Anthony** **12:00 Lunch Program $5.00** 2:00 Bingo 2:00 Bridge	13 9:00 Taiji (RoomTBA) **9:15 Trip: Middlesex County 2017 Senior Health & Fitness Walk Roosevelt Park - Edison** 10:30 Yiddish Group 11:45 Exercise w/Donna F **12:30 Trip: The Barge-Perth Amboy**	14 8:30 Taiji (RoomTBA) 9:30 Healthy Bones-CANCELLED 10:00 Painting - Room 2 **12:00 Lunch Program $5.00** 12:30 Bingo **12:30-3:30 Mike The Barber-Appt Only $7.00** **2:00 Tai Chi /2:00 PODIATRIST** ****Food Pantry Day****	15 9:00 Taiji (RoomTBA) 9:30 Painting - Room 2 **10:30 Computer Class - INTERNET** 11:30: Exercise/Chair Yoga/Tai Chi with Donna F.	16
17	18 9:00 Taiji (RoomTBA) 10:00 Painting - Room 2 11:30 CHAIR YOGA **1:00 Movie: MONDAY CLASSIC "The African Queen" - 1951 starring Humphrey Bogart & Katherine Hepburn**	19 9:00 Taiji (RoomTBA) 10:00 Chorus 11:00 Piano Instruction with Gwen **12:00 Lunch Program $5.00** **12:00 Trip: PNC Bank Art Center $10.00 Show: Bobby Rydell, $10.00** 12:30 Bingo 1:00 Bridge	20 9:00 Taiji (RoomTBA) 10:30 Yiddish Group-CANCELLED 11:45 Exercise w/Donna F **12:30 Trip:Menlo Park Mall Edison**	21 8:30 Taiji (RoomTBA) 9:30 Healthy Bones-CANCELLED 10:00 Painting -Room 2 12:30 Bingo **1:00 ARA DISCUSSION GROUP-LIBRARY** **2:00 Tai Chi - CANCELLED**	22 9:00 Taiji (RoomTBA) 9:30 Painting - Room 2 11:30: Exercise/Chair Yoga/Tai Chi with Donna F.	23
24	25 9:00 Taiji (RoomTBA) **10:00 PRESENTATION & TEA** **"With a little help from Friends"** 10:00 Painting 11:30 CHAIR YOGA **1:00 Movie: NEW RELEASE "Indignation," Call Center for Details**	26 9:00 Taiji (RoomTBA) 10:00 Chorus **12:00 Lunch Program $5.00** **12:00 Trip: PNC Bank Art Center $10.00 Show: The Cameos, $10.00** 12:30 Bingo/1:00 Bridge **6:00 Ageism Discussion Group**	27 9:00 Taiji (RoomTBA) 10:30 Yiddish Group **10:30 - 12:00 FLU CLINIC Provided By: Rite-Aid** 11:45 Exercise w/Donna F **12:30 Trip:Shop Rite (Mid-State Mall) East Brunswick**	28 8:30 Taiji (RoomTBA) 9:30 Healthy Bones-Room 2 10:00 Painting - Library **12:00 Lunch Program $5.00** 12:30 Bingo 2:00 Tai Chi ****Food Pantry Day****	29 9:00 Taiji (RoomTBA) 9:30 Painting - Room 2 **1:00 ARA BOARD MEETING-LIBRARY** 11:30: Exercise w/ Donna F Exercise & Chair Yoga	30

Department of Community Services, Offices on Aging (732) 819-0052