# Highland Park Senior Center Calendar - March 2017

| Sunda | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| Upcoming Trip | Upcoming Trip | Upcoming Trip | 9:00 Taiji (Room TBA) 1 | 8:30 Taiji (Room TBA) 2 | 9:00 Taiji (Room TBA) 3 | 4 |
| FREE TICKETS! | Live Ballet! McCarter Theatre | ATLANTIC CITY | 9:30-3:00 Tax Preparation-Appointment Only | 9:30 Healthy Bones Room 3 | 10:00 Painting Room 2 | |
| State Theatre, NB | Princeton, NJ | Casino: Tropicana | 10:30 Yiddish Group | 10:00 Painting Room - 2 | 11:30: Exercise/ Chair Yoga/Tai Chi | |
| "The Sleeping Beauty" | Friday, April 21st at 10:30AM | Tuesday, April 25th | 11:45 Exercise w/ Donna F | 11:00 Bridge | with Donna F | |
| Monday, April 3rd, 10:30am | $10 at door, $5.00 Trans Fee | Call or stop by for reservations | 12:30Trip-MEGA-Walmart-E. Brunswick | 12:30 BINGO-Room 2 | | |
| Call for reservations | Call or stop by for reservations | $40.00, Bus Fee, $25 slot play | | 1:00 ARA Meeting Room 3 & 4 | | |
| 732-819-0052 | 732-819-0052 | 732-819-0052 | | 2:00 Tai Chi-(Courtroom) | | |
| Upcoming Trip 5 | 9:00 Taiji (Room TBA) 6 | 9:00 Taiji (Room TBA) 7 | 9:00 Taiji (Room TBA) 8 | 8:30 Taiji (Room TBA) 9 | 9:00 Taiji (Room TBA) 10 | 20 FREE TICKETS! 11 |
| 5 Day Bermuda Cruise | 10:00 Painting- Room-2 | 10:00 Chorus 11:00 Piano Inst. | 9:30-3:00 Tax Preparation-Appointment Only | 9:30 Healthy Bones Room 2 | 10:00 Painting Room 2 | STATE THEATRE, NB |
| Sat Sept 9 to thurs Sept 14 | 10:00 Blood Pressure-Library | 11:00 Lunch & Learn Program | 10:30 Yiddish Group | 10:00 Painting/11:00Bridge/12:30 Bingo | 10:00-12:00 Writing Group-Library | "The Five Irish Tenors" |
| Stop by or call Center | 11:30: Chair Yoga | 12:00 Tuesday Lunch Program $5.00 | 11:45 Exercise w/ Donna F 12:45 Yoga | 12:30 -3:30 "Mike the Barber"-Appt Only | 11:30: Exercise/ Chair Yoga/Tai Chi | show begins at 8:00pm |
| for Details | 1:00 Movie: MONDAY CLASSIC | 12:30 Bingo | 12:30 Trip: Wegmans/Panera Bread | 2:00 Tai Chi | with Donna F | First come first serve! |
| You may also email at: | "GREASE" | 1:00 Bridge/Cards | Woodbridge, NJ | 2:00 Kraft's w Kim-Chocolate Pretzels | | Trans NOT Included |
| Jmolina@hpboro.com | | 4:30 Ping Pong with Sean Gao | | **Food Pantry** | | *Must Sign Up* |
| 12 | 9:00 Taiji (Room TBA) 13 | 8:30 - 5:00 Trip: Philadelphia 14 | 9:00 Taiji (Room TBA) 15 | 8:30 Taiji (Room TBA) 16 | 9:00 Taiji (Room TBA) 17 | 18 |
| Daylight Savings | 10:00 Painting-Library | Flower Show $35.00 Admis. Fee/$15.00 Trans | 9:30-3:00 Tax Preparation-Appointment Only | 9:30 Healthy Bones Room 3 | 10:00 Painting Room 2 | |
| Begins | 11:00 Senior Luncheon | 10:00 Chorus 11:00 Piano Inst. | 10:30 Yiddish Group | 10:00 Painting-Room 2 | 10:30 Computer Class-WORD | |
| | St. Patrick's Day Celebration | 12:00 Tuesday Lunch Program $5.00 | 11:45 Exercise w/ Donna F | 12:30 BINGO-Room 2 | 11:30: Exercise/ Chair Yoga/Tai Chi | |
| | Performance by: Ian Gallagher | 12::30 Bingo/1:00 Bridge/Cards | Exercise & Tai Chi | 1:00 ARA Discussion Group (Library) | with Donna F | |
| | 12:30 Special Program: | 2:00 - 4:00 Podiatrist (Library) | 12:30 Trip: Kohl's/Target/Hobby Lobby | 2:00 Tai Chi/3:00 Ping Pong | | |
| | The Magic of Clean Communities | 4:30 Ping Pong with Sean Gao | Piscataway | | Happy St. Patrick's Day | |
| 19 | 9:00 Taiji (Room TBA) 20 | 9:00 Taiji (Room TBA) 21 | 9:00 Taiji (Room TBA) 22 | 8:30 Taiji (Room TBA) 23 | 9:00 Taiji (Room TBA) 24 | 25 |
| | 10:00 Painting-Room 2 | 10:00 Chorus 11:00 Piano Inst. | 9:30-3:00 Tax Preparation-Appointment Only | 9:30 Healthy bones-Room 2 | 10:00 Painting Room 2 | |
| | 11:30: Chair Yoga | 10:00 StPeters Blood/Sugar Screening | 10:30 Yiddish Group | 10:00 Painting- Library | 11:30: Exercise/ Chair Yoga/Tai Chi | |
| | 1:00 Movie: "London has Fallen" | 12:00 Tuesday Lunch Program $5.00 | 11:45 Exercise w/ Donna F (Rm. 4) | 12:30 BINGO-Room 2 | with Donna F | |
| | Starring Morgan Freeman | 12:30 Bingo/1:00 Bridge/Cards | Exercise & Tai Chi | 2:00 Tai Chi | | |
| , | Action-Call Center for Details | 2:30 Council On Aging Meeting | 12:30 Trip: Brunswick Sq. Mall/Olive Garden | 3:00 Ping Pong | | |
| | FIRST DAY OF SPRING! | 4:30 Ping Pong with Sean Gao | East Brunswick | **Food Pantry** | | |
| 26 | 9:00 Taiji (Room TBA) 27 | 9:00 Taiji (Room TBA) 28 | 9:00 Taiji (Room TBA) 29 | 8:30 Taiji (Room TBA) 30 | 9:00 Taiji (Room TBA) 31 | |
| | 10:00 Painting-Room 2 | 10:00 Chorus | 9:30-3:00 Tax Preparation-Appointment Only | 9:30 Healthy bones-Room 3 | 10:00 Painting Room 2 | |
| | 11:30: Chair Yoga | 11:00 Piano Instruction with Gwen | 10:30 Yiddish Group | 10:00 Painting- Room 2 | 10:30 Computer Class-INTERNET | |
| | 1:00 Movie: MONDAY COMEDY | 12:00 Tuesday Lunch Program $5.00 | 11:00 Chinese Culture Presentation | 12:30 BINGO-Room 2 | 10:30 ARA Board Meeting-Room 2 | |
| | Beverly Hills Chihuahua 2 | 12:30 Bingo | 11:45 Exercise w/ Donna F | 2:00 Tai Chi | 11:30: Exercise/ Chair Yoga/Tai Chi | |
| | Call Center for Details | 1:00 Bridge/Cards/Mah Jongg | 12:30 Trip: ShopRite (Mid-State Mall) | 3:00 Ping Pong | with Donna F | |
| | | 4:30 Ping Pong with Sean Gao | East Brunswick | | | |

**Department of Community Services, Offices on Aging (732) 819-0052**