

# Highland Park Senior Center Calendar - June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:30 Taiji (Room TBA) 1	9:00 Taiji (Room TBA) 2	3
				9:30 Healthy Bones - CANCELLED	10:00 Painting (Room Room 2)	
				10:00 Painting Room 2	10:30 Computer Class- BASIC	
				11:00 Bridge	11:30: Exercise/Chair Yoga/Tai Chi	
				12:00 Lunch Program CANCELLED	with Donna F	
				12:30 BINGO		
				1:00 ARA MEETING		
				2:00 Tai Chi-CANCELLED		
4	9:00 Taiji (Room TBA) 5	6:00 am -8:00 pm Voting 6	9:00 Taiji (Room TBA) 7	8:30 Taiji (Room TBA) 8	9:00 Taiji (Room TBA) 9	10
	10:00 Painting Room 2	10:00 Chorus-Library	10:30 Yiddish Group (Library)	9:30 Healthy Bones-Room 2	10:00 Painting Room 2	
	10:30 Blood Pressure-Library	12:00 Lunch Program \$5.00	11:45 Exercise w Donna F-VIDEO	10:00 Painting-Library	10:00-12:00 Writing Group-Library	
	11:30 CHAIR YOGA	12:30 BINGO (TBA)	12:30 Trip: MEGA-Walmart	11:00 Bridge	11:30: Exercise w/ Donna F -VIDEO	
	1:00-Movie "Florence Foster Jenkins"	1:00 Bridge/Cards/MahJongg	East Brunswick	12:00 Lunch Program \$5.00		
	Starring Meryl Streep & Hugh Grant	6:00PM Ageist Discussion Group		12:30 BINGO		
	Call Center for details			12:30-3:30 Mike the Barber- Appt Only		
				Haircuts \$7.00		
				2:00 Tai Chi -CANCELLED/ FOOD PANTRY		
11	9:00 Taiji (Room TBA) 12	9:00 Taiji (Room TBA) 13	9:00 Taiji (Room TBA) 14	8:30 Taiji (Room TBA) 15	9:00 Taiji (Room TBA) 16	17
	10:00 Painting Room 2	10:00 Chorus/11:00 Piano Inst.	10:30 Yiddish Group (Library)	9:30 Healthy Bones-Room 3	10:00 Painting Room Room 2	
	11:30 CHAIR YOGA-VIDEO	11:00 Piano Instruction with Gwen	11:45 Exercise w Donna	10:00 Painting-Room 2	11:30: Exercise/Chair Yoga/Tai Chi	
	1:00-Movie MONDAY CLASSIC	12:00 Lunch Program \$5.00	12:30 Trip: Kohl's/Target/Hobby Lobby	11:00 Bridge	with Donna F	
	"And Justice for All," Starring Al Pacino	12:30 BINGO	Piscataway	12:00 Lunch Program \$5.00		
	Call Center for details	12:30 Trip: PNC Senior Concert		12:30 BINGO		
		The Osmonds-\$10:00		1:00 ARA DISCUSSION GROUP-LIBRARY		
		2:00 Podiatrist/6:00pm Ageist Disc. Group		2:00 Tai Chi		
18	9:00 Taiji (Room TBA) 19	9:00 Taiji (Outdoors) 20	9:00 Taiji (Room TBA) 21	8:30 Taiji (Room TBA) 22	9:00 Taiji (Room TBA) 23	24
	10:00 Painting Room 2	10:00 Chorus-Library	10:30 Yiddish Group (Library)	9:30 Healthy Bones-Room 2	10:00 Painting Room -2	
	11:30 CHAIR YOGA	4:00pm-7:00pm	11:45 Exercise w Donna	10:00 Painting-Room 2	10:30 Computer Class- INTERNET	
	1:00-Movie "Hidden Figures"	SENIOR PROM	12:30 Trip: The Barge Restaurant	11:00 Bridge	11:30: Exercise/Chair Yoga/Tai Chi	
	Based on a True Story, starring	"Dancing Under the Stars"	Perth Amboy	12:00 Lunch Program \$5.00	with Donna F	
	Academy Award Winner, Octavia Spencer	Transportation will be provided this year!		12:30 BINGO		
	Call Center for details	Please call/see office to register for a ride!		2:00 Tai Chi		
				FOOD PANTRY		
25	9:00 Taiji (Room TBA) 26	9:00 Taiji (Room TBA) 27	9:00 Taiji (Room TBA) 28	8:30 Taiji (Room TBA) 29	9:00 Taiji (Room TBA) 30	
	10:00 Painting Room 2	10:00 Chorus	10:30 Yiddish Group (Library)	9:30 Healthy Bones-Room 3	10:00 Painting Room -2	
	11:30 CHAIR YOGA	11:00 Piano Instruction with Gwen	11:45 Exercise w Donna	10:00 Painting-Library	11:30: Exercise/Chair Yoga/Tai Chi	
	1:00-Movie "Wild Oats"	12:00 Lunch Program \$5.00	Exercise & Tai Chi	11:00 Bridge	with Donna F	
	Starring Shirley Maclaine, Jessica Lange,	12:30 BINGO	12:30 Trip: Shop Rite (Mid State Mall)	12:00 Lunch Program \$5.00		
	& Demi Moore	1:00 Bridge/Cards/MahJongg	East Brunswick	12:30 BINGO		
	Call Center for details	2:30 Council on Aging Meeting		2:00 Tai Chi		
		6:00PM Ageist Discussion Group				