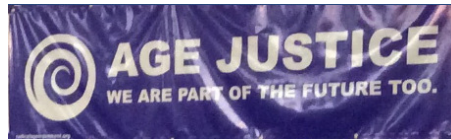




# OCCUPY AGE. BEYOND AGEISM



**MONDAY EVENINGS: SEPTEMBER 17 - DECEMBER 3, 2018**  
**6:00 PM – 7:00 PM**  
**SENIOR/YOUTH CENTER LIBRARY ROOM**  
**220 SOUTH 6<sup>TH</sup> AVENUE**

**FREE. REGISTER BY CALLING (732) 819-0052. SPACE IS LIMITED.**

In partnership with the New Jersey Chapter of the Radical Age Movement and Highland Park Senior Services

A consciousness-raising group for:

- Millennials
- Gen Xers
- Gen Yers
- Baby Boomers
- The Greatest Generation, and beyond!

Has anyone ever assumed that you were too old (or too young) for something? Then you have experienced ageism. In this group, we will **unpack our unconscious prejudices and call for social change around age stereotypes**. Confronting ageism isn't just a matter of personal well-being. It's a social justice and human rights issue.



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Josephine Giaimo is an experienced facilitator, Highland Park resident, and member of the Radical Age Movement. She writes about the impact of emerging technologies on individuals and society.

Date	Scheduled Topic
9/17	The Problem with Ageism
10/8	Our Ages, Ourselves—Identity
10/15	Forget Memory—the Older Brain
10/22	Health, Not Youth—the Older Body
10/29	No Expiration Date—Sex and Intimacy
11/5	Not Done Yet—the Workplace
11/12	Technology Across the Ages
11/19	Long Life is a Team Sport—the Independence Trap
11/26	The Bull Looks Different—the End of Life
12/3	Occupy Age! Beyond Ageism

*Note: This group is appropriate for adults age 18 and over*