

SOURCES OF HEALTH-RELATED INFORMATION

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AHA	American Heart Association	www.americanheart.org	1-800-AHA-USA1	The American Heart Association is a national voluntary health agency whose mission is to reduce disability & death from cardiovascular diseases & stroke.
CDC	Centers For Disease Control	www.cdc.gov	1-800-311-3435	CDC is recognized as the lead federal agency for protecting the health & safety of people. CDC serves as the national focus for developing & applying disease prevention & control, environmental health, & health promotion & education activities designed to improve the health of all people.
EPA	Communicable Disease Clinic of Middlesex County Environmental Protection Agency	http://www.epa.gov/ http://www.epa.gov/region02/	732-745-3157 National Response Center: 1-800-424-8802 Regional Office: Phone: (212) 637-3000	Clinic provides free testing for all STDs (ages 12 and older) & HIV (ages 18 and older unless accompanied by an adult). EPA's mission is to protect human health and to safeguard the natural environment — air, water, and land — upon which life depends. For 30 years, EPA has been working for a cleaner, healthier environment for the American people.
	Health Finder	www.healthfinder.gov www.healthfinder.gov/espanol www.healthfinder.gov/kids		A bi-lingual resource for health topics from A-Z.
	Middlesex County Department of Public Health	http://co.middlesex.nj.us/publichealth/index.asp	Main Number: (732) 745-3100	The mission of the Middlesex County Public Health Department is to promote good health and prevent disease, improve access to health services, assess changing community needs for health services, and provide health services with efficiency to improve the health of all Middlesex County residents.
NJDHSS	New Jersey Department of Health and Senior Services	http://www.state.nj.us/health/		Their mission is to foster accessible and high-quality health and senior services to help all people in New Jersey achieve optimal health, dignity and independence. We work to prevent disease, promote and protect well-being at all life stages and encourage informed choices that enrich quality of life for individuals and communities. Provides information on programs and services including addictions, HIV/AIDS, Family Health Systems, Long Term Care, Maternal and Child Health, and tobacco cessation.
NCI	National Cancer Institute	www.nci.nih.gov	1-800-4-CANCER	The NCI performs cancer clinical trials & research, & provides statistical

				information.
NIH	National Institutes of Health	www.nih.gov	301-496-4000	The NIH mission is to uncover new knowledge that will lead to better health for all. NIH works toward that mission by: conducting research, supporting research, training researchers, & by fostering communication of medical information.
NAMI	National Alliance for Mental Illness	www.nami.org	703-524-7600 Local Chapter in North Brunswick: 732-940-0991	NAMI provides support, education and advocacy to improve the lives of people with severe mental illness.
NHLBI	National Heart Lung and Blood Institute	www.nhlbi.nih.gov/index.htm	1-800-875-WELL 301-592-8573	Research related to causes, prevention, diagnosis, & treatment of heart, blood vessel, lung, blood diseases & sleep disorders. Also supports research on clinical use of blood & management of blood resources.
NIAID	National Institute of Allergy and Infectious Disease	www.niaid.nih.gov	301-496-5717	Provides support for research aimed at developing better ways to diagnose, treat & prevent the many infectious, immunologic & allergic diseases.
OSHA	Occupational Safety and Health Administration	http://www.osha.gov/	To report accidents, unsafe working conditions, or safety & health violations: 1-800-321-OSHA (6742)... TTY 1-877-889-5627	OSHA's mission is to ensure safe and healthful workplaces in America. Under the Bush Administration, OSHA is focusing on three strategies: 1) strong, fair, and effective enforcement; 2) outreach, education, and compliance assistance; and 3) partnerships and voluntary programs.
	Self Help Clearinghouse		1-800-367-6274	Provides directory of self-help groups.

RESOURCES FOR TEENS

www.advocatesforyouth.org Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health. Advocates provides information, training, and strategic assistance to youth-serving organizations, policy makers, youth activists, and the media in the United States and the developing world.

www.mysistahs.org A wellness and health web site intended for young women of color.

www.njrebel.com REBEL (Reaching Everyone By Exposing Lies) is a grassroots movement developed by and for teens to prevent and reduce the spread of tobacco use among their peers and other members of the community.

www.sxetc.org A general health and wellness site by teens for teens.

www.teenwire.org Provides information about sexuality with the hope that this knowledge will be used to reduce risk of unintended pregnancy and sexually transmitted infections.