



# Highland Park Police Youth Academy

July 10<sup>th</sup>-July 14<sup>th</sup> 2023

## Application for Enrollment

Parent/Guardian: Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Parent Email Address \_\_\_\_\_

Relation to Child \_\_\_\_\_

Child Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

**T-Shirt Size (Adult sizes only) Please Circle**    S    M    L    XL

Current School \_\_\_\_\_ **Current** Grade \_\_\_\_\_

\_\_\_\_\_  
Child Signature

\_\_\_\_\_  
Parent/Guardian Signature

**Please return completed application by Friday June 9th to:**

Youth Officer Brian O'Mara

Highland Park Police Department

222 South 5<sup>th</sup> Ave

Highland Park NJ 08904

732-572-3800 Ext 4262



## Highland Park Police Youth Academy

### Parent/Guardian Permission Sheet

I hereby give permission for \_\_\_\_\_ to fully participate in the Highland Park Police youth Academy, all activities therein and all off site field trips. I understand that my child has to be at the Highland Park Police Headquarters at 8:00am each day and will be released at approximately 4:00pm each day. I understand that I am making a commitment to have my child present for all days of this academy.

I fully understand that participants in this program will participate in drill instruction, physical exercise and physical exertion. I understand that they are subject to police academy type instruction. I understand that failure to comply with the rules and regulations will result in my child's dismissal from the academy.

Name of Parent/Guardian \_\_\_\_\_

Relation to Applicant \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Home Phone (    ) \_\_\_\_\_

Emergency Phone (    ) \_\_\_\_\_

The Highland Park Police Department **must** be able to reach a parent or guardian at **all times that the academy is in session.**

Name of Recruit \_\_\_\_\_

Address \_\_\_\_\_

Signature of Recruit \_\_\_\_\_



# Highland Park Police Youth Academy

## Highland Park Police Department Youth Police Academy

### Media Waiver

I (Parent's Printed Name) \_\_\_\_\_

Am aware that there may be representatives from various media outlets may be attending the Highland Park Youth Police Academy program.

The media may be taking photographs, video or other forms of electronic media. They may also interview the recruits for print or electronic media publication.

Additionally, members of the Highland Park Police Department youth academy staff will be taking still photographs and video during the course of the program. These video and /or still photographs may also be used by media outlets

These videos and /or still photographs may be posted on websites including but not limited to the official Highland Park Borough websites, the official Highland Park Police department websites, the official Highland Park #64 websites, or a private video/photo sharing site for access only by authorized persons.

I understand these points and consent to my child's image, likeness, photograph, and or video clip to be used in the manner depicted above.

Child's Name \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_



## Medical Clearance Form

Please print or type

Applicants Name \_\_\_\_\_

Name of Physician \_\_\_\_\_

Physician's Address \_\_\_\_\_  
\_\_\_\_\_

Physician's Phone Number (    ) \_\_\_\_\_

**Based upon a medical examination and a review of the applicant's health history, I certify that the applicant is medically fit to participate in the Highland Park Police Youth Academy. I understand the course involves but is not limited to: Running, Personal weapons and vulnerable areas, Strength Training, Handcuffing, Pushups, Sit ups and Pull ups, Blocks and Parries Techniques, Medium Physical Exertion and Basic Physical Conditioning.**

Physician Signature \_\_\_\_\_ License# \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_



# Highland Park Police Youth Academy

## Highland Park Police Youth Academy

### Rules and Regulations

- 1) Each day you will report to the academy and be in formation at 8:00am. You are required to be on time and in uniform. Uniform is the issued baseball cap and T-shirt: Khaki shorts, black belt, white socks and sneakers of any color must be worn and provided by the parent/guardian.
- 2) You will be dismissed at 4:00pm every day, if there is a change in this time you will be notified the day before.
- 3) There will be no eating while classes are being conducted. Instructors will provide breaks every hour.
- 4) Each student will be assigned a squad. At no time will you leave or wander away from your squad. No one will wander in police HQ's without escort.
- 5) If you need to use a restroom, advise a staff member first.
- 6) You must bring a **healthy** lunch daily in a cooler bag. A water bottle will be provided, but needs to have your name on it.
- 7) Unless jewelry is worn for religious reason, we ask that no jewelry be worn.
- 8) You must attend the academy every day. If you cannot attend every day, you will be dropped from the academy. No exceptions.
- 9) At any time, you feel ill or are injured in any way, notify a staff member immediately.
- 10) There will be no use of profanity, any verbal arguments or physical fighting during the academy. You will follow the direction/orders of all staff members and/or police officers. Any violation of this rule will result in your Parent/Guardian being notified and you will be asked to leave the academy and not return. If you have a conflict or dispute with another academy recruit, notify a staff member immediately.
- 11) At all times, police officers and staff members will be address by their rank or "Sir" or "Ma'am"
- 12) At no time will conduct disrupt the normal everyday functioning of the Highland Park Police Department.
- 13) At the times we are out of the academy, at a field trip or another agency, you will conduct yourself with the utmost respect and professionalism.



## Youth Police Academy Fact Sheet

**Dates/Hours:** July 10<sup>th</sup> – July 14<sup>th</sup> 8:00AM – 4:00PM Recruits must attend all hours of training, all days.

**Drop off:** ( To Be Determined ) Highland Park NJ 08904

**Pick up:** ( To Be Determined ) Highland Park NJ 08904

**Requirements:** Eligible participants currently in 5<sup>th</sup> – 12<sup>th</sup> Grades

**Residency:** Highland Park Borough residents are given preference. If there are still openings, we will accept out of town children.

**Cost:** The youth academy is free; the only thing you must provide is a bag lunch daily.

**What is the program all about?** The program is designed to give young adults a look into a career in law enforcement, by providing team building skills, close order drills, classes and physical training sessions that help to build confidence, promote self-reliance and team work.

**How intense is the program?** The YPA is an extremely intense experience, but we are there every step of the way to help our recruits overcome the challenges. At the end of the week academy, each recruit will participate in a spectacular graduation ceremony that concludes with each recruit receiving a certificate of completion for all the hard work that they put into the program.

**Is this program similar to a boot camp for children with disciplinary issues?** Absolutely not, and it would not work in that respect. In fact, we would not accept any child who doesn't want to participate.

**What if my child is not interested in the law enforcement field?** No problem. In fact our goal is to give them the information and experience and let them make their own decision as to what they like and don't like. Some kids will come in thinking that law enforcement is not for them

and have a change of heart after they see what it is all about. The program will benefit your child no matter what they choose to do in life.

**How intense is the physical training?** Most kids find the PT training to be challenging.

**NOTE:** Medical clearance forms are required prior to the program, and they must be signed by the child's physician.

**Does my child have to attend every day?** Yes. Again, we require that they attend every day and complete the entire days training.

**Questions?** If you have any questions, please contact Ptl. Brian O'Mara 732-712-2019 or email [bomara@hpboro.com](mailto:bomara@hpboro.com)



## Highland Park Police Youth Academy

### Waiver of Liability

HIGHLAND PARK POLICE DEPARTMENT & BOROUGH OF HIGHLAND PARK

RELEASE AND **WAIVER OF LIABILITY**, ASSUMPTION OF RISK, AND INDEMNITY

AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to **participate** in any way in Highland Park Police Youth Academy ("YA") sponsored **ACTIVITIES ("ACTIVITIES")** I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of the YA Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will include physical fitness activities. I further agree and warrant that if at any time I believe conditions to be unsafe, or I am not able to perform the activity, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) YA ACTIVITIES INVOLVE RISK AND DANGERS OF BODILY INJURY, INCLUDING DISABILITY, ("RISK"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place; (c) there may be OTHER RISKS AND SOCIAL AND ECONMICAL LOSSES either not know to me or readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL



RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Highland Park Police Department, Borough of Highland Park, their respective administrators, directors, agents, officers, members, volunteers, and employees other participants, any sponsors, advertisers, and , if applicable, owners and lessors of premises on which the Activity takes place ( each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES or DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE , INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if despite this RELEASE AND WAIVER LIABILITY , ASSUMPTION OF RISK , AND INDEMNITY AGREEMENT I, or anyone on my behalf , makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees , losses , liability , damage , or cost which any may incur as the result of such claim.
4. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

SIGNATURE OF APPLICANT: \_\_\_\_\_

PARENT'S SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

NOTE: If under 18 years of age, you must have your parent sign.