The Highland Park eNews

www.hpboro.com 221 S. Fifth Avenue, Highland Park, NJ, 08904

Events & Meetings

Monday, May 2 HeartSafe Presentation 7:00 p.m., Borough Hall

Tuesday, May 3 International Film Series – Jimmy's Hall 6:30 p.m., Public Library

> Tuesday, May 3 **Council Committee Meeting** 7:00 p.m., Borough Hall

Wednesday, May 4 Walk With the Mayor 6:00 p.m., Donaldson Park

Wednesday, May 4 **Environmental Commission** 8:00 p.m., Environmental Education

Thursday, May 5 Teen Craft Mother's Day Gift 3:00 p.m., Public Library

Thursday, May 5 Health & Human Serivces Committee 6:30 p.m., Borough Hall

Thursday, May 5 **Commission for Universal Access** 7:30 p.m., Borough Hall

> Thursday, May 5 Redevelopment Agency 7:30 p.m., Borough Hall

Wednesday, May 11 Walk With the Mayor 6:00 p.m., Donaldson Park

Wednesday, May 11 Housing Authority Board of Meeting 6:30 p.m., Samuel J. Kronman Building

Wednesday, May 11 **Shade Tree Advisory Committee** 8:00 p.m., Borough Hall

Thursday, May 12 Main Street HP Planting Day 3:00 p.m. - 6:00 p.m.

Thursday, May 12 **Board of Health** 7:00 p.m., Borough Hall

Thursday, May 12 Planning Board 7:30 p.m., Borough Hall

Friday, May 13 **Shred Program** 9:00 a.m. - 12:00 p.m., Senior/Youth Ctr Parking Lot

> Saturday, May 14 Main Street HP Planting Day 10:00 a.m. - 1:00 p.m.

Saturday & Sunday, May 14 & 15 Friends of the Library Book Sale 9:00 a.m. - 5:00 p.m., Public Library

All meetings are subject to change, please check the Borough's website at www.hpboro.com for updates

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Memo from Mayor Gayle Brill Mittler



When our community sets out to celebrate in May, it is usually with a purpose. Coming off the wonderful celebration of our "home", Earth Day at our Environmental Center in late April, we are preparing for May in which will celebrate our health, our diverse community, and our vibrant downtown. I invite you to join me, and your neighbors, at these events to learn about and celebrate with each other.

First HeartSafe Community in New Jersey – Highland Park has always been a leader in Middlesex County and New Jersey. Guided by Dr. Clifton Lacy, Chair of the Mayor's Wellness Campaign, and after years of preparation, Highland Park completed the criteria to become New Jersey's first HeartSafe Community. A HeartSafe Community follows a program that promotes survival from cardiac arrest, focusing on the "chain of survival", such as available defibrillators in municipal buildings, health clubs, and areas where large groups gather, plus training for first responders and residents. Thank you to Dr. Clifton Lacy and the Mayor's Wellness Committee, Councilman Fine, liaison to the Mayor's Wellness Campaign, former intern Ms. Rucha Phadtare former assistant Mrs. Bea Adler, and Mr. Ari Lewitter of the Highland Park First Aid Squad for training volunteers and employees how to use newly supplied defibrillators. This represents another first and another distinction for Highland Park.

Street Fair and 5K – The rain couldn't keep residents away from our Highland Park Street Fair yesterday! Our Highland Park Main Street organization did it again! The annual Street Fair and 5K, which they lovingly put together every year, attracted hundreds of people, who came for food, music, crafts and vendors and more. Raritan Avenue was bustling with residents and visitors, who came to taste the local fare and watch the terrific performances throughout the afternoon.

Holocaust Memorial Day (Yom Hashoah) Proclamation and Presentation to Highland Park Resident, Mrs. Ruth Bickhardt – Mrs. Ruth Bickhardt can be seen walking the streets of Highland Park almost every day, or attending Borough Council meetings with a list of questions for me or your Council members. Little did I know that Mrs. Bickhardt, one of our neighbors, was a living historical gem. As a young child, she was on the SS St. Louis, a ship of German refugees escaping Nazism in 1939. The ship was turned away by several countries in the Americas refusing to give the refugees entry, before returning to Europe, resulting in the death of a large number of those on board. In honor of Mrs. Bickhardt's survival and contributions to Highland Park, and in memory of the Holocaust, during the Borough Council meeting on May 3, I am proud to award a proclamation to Mrs. Ruth Bickhardt. In invite you to attend the Council meeting and hear her speak about her life and experiences during the period that led up to World War II, and beyond.

Meet the Mayor – Join me for a fun night of dancing and socializing! Monday, May 23rd at 6:45pm come to Arthur Murray Dance Studio, 75 Raritan Ave, for a Meet the Mayor dance lesson from the Arthur Murray instructors. Learn some new moves and talk about things going on in Highland Park.

Highland Park Becomes New Jersey's First HeartSafe Municipality



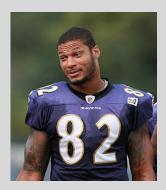
Health, Wellness, and Community Preparedness are top priorities for the Borough of Highland Park. The Mayor, Borough Council, and Members of the Mayor's Wellness Campaign are pleased to invite you to:

- A presentation about heart health promotion, heart disease prevention, and cardiovascular public health by top medical professionals
 - A recognition for donors of Automatic External Defibrillators; and
- A ceremony commemorating the designation of the Borough of Highland Park as New Jersey's first HeartSafe Municipality

Monday, May 2, 2016 - 7:00pm Highland Park Borough Hall Courtroom 221 South Fifth Avenue

Highland Park History Maker

Highland Park History Maker is a special column for 2016 featuring some famous and notable Highland Park natives or residents, past and present. Of course, we are proud of all of our residents' accomplishment (big and small), and we will continue to recognize current achievements in our Highland Marks column.



John "L.J." Smith III (May 13, 1980) is a former NFJ tight end for the Philadelphia Eagles. Born and raised in Highland Park, Smith played football and basketball at Highland Park High School, and went on to play football for Rutgers University before being drafted into the NFL in the 2nd round of the draft in 2003. As a tight end, he scored the first touchdown for the Eagles in Super Bowl XXXIX. In 2008 he was designated a franchise player with the Eagles, and finished out his career in 2009 with the Baltimore Ravens.

Have you – or someone you know – done something recently that's particularly noteworthy? Let us know about it and we'll include it in Highland Marks! Write to communications@hpboro.com



The Friends of the Library Book Sale will be held May 14 and May 15 from 9 AM to 5 PM. When the library is not open please enter on North Sixth Avenue. There will be books for every age and of every genre including bestsellers, mysteries, science fiction, and many non-fiction subjects such as gardening, cooking, history, biography and memoir.

HPTV Highlights for May 2016

Channel 15 (for Cablevision/Optimum customers) Channel 44 (for Verizon FIOS customers)

Monday

10:00 a.m. & 4:00 p.m. - Public Domain Domain - Old Time Radio

12:00 p.m. & 8:00 p.m. – Highland Park Update/Showcase

12:30 p.m. & 7:30 p.m. – Talk of the Town

1:00 p.m. & 6:00 p.m. - Aging Insights

1:30 p.m. & 6:30 p.m. – Health Talk

2:30 p.m. & 7:00 p.m. – Classroom Close-Up/School Talk

8:30 p.m. - Board of Education Meetings

Tuesday & Thursday

10:00 a.m. & 4:00 p.m. - Public Domain Domain - Movies

12:00 p.m. – Highland Park Showcase

12:30 p.m. – Highland Park Borough/Schools Update

1:00 p.m., 7:00 p.m. & 10:00 p.m. – Borough Council Meetings

2:00 p.m. & 8:00 p.m. - Spotlight on Middlesex County

2:30 p.m. & 8:30 p.m. – Access New Jersey

3:00 p.m. & 9:00 p.m. - Not Just Rock & Roll

Wednesday

10:00 a.m. & 7:00 p.m. – Board of Educatino Meetings

1:00 p.m. & 6:00 p.m. – Aging Insights

1:30 p.m. & 6:30 p.m. - Health Talk

3:00 p.m. – Classroom Close-up/SchoolTalk

4:00 p.m. – Public Domain Domain – Movies

Friday, Saturday & Sunday

10:00 a.m. – Public Domain Domain – Old Time Radio

12:00 p.m. & 8:00 p.m. – Highland Park Update/Showcase

12:30 p.m. & 7:30 p.m. - Talk of the Town

1:00 p.m. - Borough Council Meetings

2:00 p.m. & 6:00 p.m. - Aging Insights

2:30 p.m. & 6:30 p.m. – Health Talk

3:30 p.m. – Classroom Close-up/ School Talk

4:00 p.m.- Board of Education Meetings

10:00 p.m. – Valley Homegrown Music 8:30 p.m. & 11:00 p.m. - Public Domain Domain - Movies

Holocaust Memorial Day Presentation



More than 900 Jews fleeing Nazi Germany sailed with the SS St. Louis to what they hoped would be a safe haven in Cuba.

After being turned away from Cuba and the United States, the refugees were finally able to dock in Belgium. However, more than 250 of them were killed as the Nazis swept across Europe.

Highland Park resident Ruth Bickhardt was a child on the SS St. Louis, and at the Borough Council meeting on May 3, in honor of Holocaust Memorial Day, Mrs. Bickhardt will be honored with a Proclamation from the Mayor and Council. She will talk about her life and experiences during the period that led up to World War II, and beyond.

The community is invited to hear Mrs. Bickhardt's story during the Highland Park Council Meeting on May 3 at 7:00 p.m. at Borough Hall.

Planting Days



Thursday – May 12, 3:00 p.m. – 6:00 p.m. Saturday - May 14, 10:00 a.m. - 1:00 p.m.

Help fill Highland Park's downtown planters with plants and flowers. Stop at Main Street Highland Park's Office, 212 Raritan Avenue on either day to pick up plants, planter assignments and t-shirts (while supplies last). For more information, visit www.mainstreethp.org.

Shred Program

Middlesex County Freeholders will be sponsoring an annual shred program on May 13 from 9:00 am – 12:00 noon in the Senior/Youth Center Parking lot, 220 South 6th Avenue. This is a great opportunity to shred confidential documents. Each resident is limited to 5 file boxes or 100 lbs. per car.

What to Bring: Files, Receipts, Bills, Financial Statements or Confidential documents

Do Not Bring: Books, magazines, newspapers, junk mail, X-Rays, FloppyDisks or CD's

Questions, contact Middlesex County Solid Waste Management at 732-745-4170 or solidwaste@co.middlesex.nj.us.

Highland Park 5K/Street Fair



The rain couldn't keep residents away from our Highland Park Street Fair yesterday!