

# The Highland Park eNews

September 6, 2016 [www.hpboro.com](http://www.hpboro.com) 221 S. Fifth Avenue, Highland Park, NJ, 08904 732-572-3400

## Events & Meetings

### Tuesday, September 6

Council Committee  
7:00 p.m., Borough Hall

### Wednesday, September 7

Environmental Commission  
8:00 p.m., Environmental Education Ctr.

### Thursday, September 8

Food Pantry Distribution  
9:00 a.m. – 10:45 a.m. & 6:00 p.m. – 7:00 p.m.,  
Senior/Youth Center

### Thursday, September 8

Board of Health  
7:00 p.m., Borough Hall

### Thursday, September 8

Cuba – Then & Now Talk and Slide Show  
7:00 p.m., Public Library

### Thursday, September 8

Planning Board  
7:30 p.m., Borough Hall

### Saturday, September 10

Food Pantry Distribution  
9:30 a.m. – 10:30 a.m., Senior/Youth Center

### Sunday, September 11

9/11 Day Discussion  
1:00 p.m. – 4:00 p.m., Highland Park High School

### Monday, September 12

John Bianculli and Jackie Jones Jazz Concert  
7:00 p.m., Public Library

### Wednesday, September 14

Housing Authority Board  
6:30 p.m., Samuel J. Kronman Bldg, 242 S. 6<sup>th</sup> Ave

### Wednesday, September 14

Shade Tree Advisory  
8:00 p.m., Borough Hall

### Thursday, September 15

Demystifying Myths about Eating Disorders  
7:00 p.m., Public Library

### Saturday, September 17

The Ropes that Bind Book Talk with Tracy Stopler  
2:00 p.m., Public Library

### Saturday & Sunday, September 18 & 19

Town-Wide Garage Sale

### Sunday, September 18

Wildlife Education Program – Celebrates our Birds  
9:00 a.m., The Meadows, S. 5th & Valentine Street

**All meetings are subject to change, please check the Borough's website at [www.hpboro.com](http://www.hpboro.com) for updates**

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### **Do I need a permit to remove a Borough tree?**

Yes a permit is required, permits can be obtained by contacting the Department of Code Enforcement at 732-777-6013

## Memo from Mayor Gayle Brill Mittler



Our National Night Out event at the beginning of August was once again a huge success. It is a testament to our wonderful community that residents enjoy such a close relationship with our police officers. The weather was beautiful, the activities were fun, and the street was packed with dozens of people enjoying the food and festivities. The Police Department continues to serve the many diverse cultures we have in our community with Sensitivity Training sessions, including an upcoming session with members of the Chinese American community. These sessions better train our officers to communicate and appreciate our residents' traditions and cultures.

With school opening soon, please be aware of the increased pedestrian traffic in the morning and afternoon hours, and the many children who walk to school. As part of my emphasis on healthy living, I strongly encourage parents to walk their children to school whenever possible, as opposed to driving. If children walk alone, it is always best to have them walk in groups of at least 2 or 3. Once again the Walking School Bus program will be available, which provides additional safety for children walking to school. Highland Park recently conducted New Jersey's first walkability/bikability study to identify barriers that may make it difficult or dangerous for children to bike to and from school. This study will help ensure the safety of our school children.

As you know, the well-being of our children is critically important to me. Highland Park is not only ethnically diverse, we are also economically diverse. I was so moved and impressed with the success of our "HP Gives a Hoot" fundraisers and program this summer. Between the Parkstock Fireworks Celebration and National Night Out, we raised over \$1000 to help feed our children when school is not in session. Over the summer we were able to give out more than 150 lunch vouchers for children. Thanks to the Global Grace Café, these vouchers were provided at a discounted rate, and the children received a healthy lunch each day. This is a truly sustainable program that provides work opportunities for recent immigrants at the Global Grace Café AND provides nutritional lunches for our youngest residents who might not have had lunch during the summer. We were also able to send 4 high school students to attend the YouthROOTS summer camp program which instills more positive self-awareness and mentorship skills in these teens. On behalf of all the children in Highland Park, thank you to everybody who donated and volunteered, our "HP Gives a Hoot" committee, the Global Grace Café, and the Highland Park Food Pantry.

Please join me at my next Meet the Mayor event at River Ridge apartment building. The event will be on September 21, 7:00pm. I, and other leaders, will talk to residents about the many public safety services available to residents in Highland Park.

## Highland Park Launches 9/11 Day of Discussion

On September 11, 2016, the Borough of Highland Park will host the first of a series of important discussions that explore the many policy complexities brought forth by the worst terror attack on American soil.

All too often, if asked about the policy implications of September 11, many individuals would certainly respond with a simple answer: War. But what about the many other themes that day represents? Religion, terrorism, race, wellness and access to emergency mental health, and dwindling resources for first responders must be part of the discussion.

Highland Park is proud to launch "September 11: A Day of Discussion" to examine these complexities. We will start with a conversation, "Destigmatizing Mental Health Care," on Sunday, September 11, 2016, 1 p.m. at the Highland Park High School cafeteria.

Featured speakers at this inaugural event include Highland Park resident Beth Angell, an associate professor in the School of Social Work at Rutgers. Angell is also a member of a National Academies of Sciences, Engineering, and Medicine panel that recently called for a national strategy to reduce stigma toward people with mental and substance use disorders.

Also featured is Highland Park resident Susan Polkowski, a member of the Highland Park Board of Health who has worked directly with 9/11 responders. Dr. Jeffrey Axelbank, a Highland Park resident and psychologist, will facilitate a community discussion that will provide opportunities to identify specific issues, as well as small groups to address these issues and start to develop some action plans.

**Questions? Feedback? We want to hear from you!**

Let us know what you think by writing to [communications@hpboro.com](mailto:communications@hpboro.com)

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## Highland Park History Maker

Highland Park History Maker is a special column for 2016 featuring some famous and notable Highland Park natives or residents, past and present. Of course, we are proud of all of our residents' accomplishment (big and small), and we will continue to recognize current achievements in our Highland Marks column.



Tomas Eloy Martinez (July 16, 1934 – January 31, 2010) was an Argentine journalist and writer who published numerous books, including *Santa Evita*, which has been translated into 32 languages and published in 50 countries. He was awarded the Guggenheim and Woodrow Wilson fellowships, and won the 2002 Premio Alfaguara de Novela for his novel *Flight of the Queen*. In 1995 he took a position as distinguished professor of Spanish literature and director of the Latin American Studies program at Rutgers University, during which time he lived in Highland Park. He wrote columns for *La Nacion* and the *New York Times* syndicate.

*Have you – or someone you know – done something recently that's particularly noteworthy? Let us know about it and we'll include it in Highland Marks! Write to [communications@hpboro.com](mailto:communications@hpboro.com)*

## Housing Authority Annual BBQ



The Highland Park Housing Authority (HPHA) hosted their annual BBQ for HPHA residents on August 22. Residents were greeted with delicious food, entertainment by a DJ, and lots of friends, all of whom enjoyed the beautiful weather for the BBQ event.

## HPTV Highlights for September 2016

Channel 15 (for Cablevision/Optimum customers)  
Channel 44 (for Verizon FIOS customers)

### Monday

10:00 a.m. & 4:00 p.m. – Public Domain Domain – Old Time Radio  
12:00 p.m. & 8:00 p.m. – Highland Park Update/Showcase  
12:30 p.m. & 7:30 p.m. – Talk of The Town  
1:00 p.m. & 6:00 p.m. – Aging Insights  
1:30 p.m. & 6:30 p.m. – Health Talk  
2:30 p.m. & 7:00 p.m. – Classroom Close-Up/School Talk  
8:30 p.m. – Board of Education Meeting

### Tuesday & Thursday

10:00 a.m. & 4:00 p.m. – Public Domain Domain – Movies  
12:00 p.m. – Highland Park Update/Showcase  
12:30 p.m. – Highland Park Borough/Schools Update  
1:00 p.m., 7:00 p.m. & 10:00 p.m. – Borough Council Meetings  
2:00 p.m. & 8:00 p.m. – Spotlight on Middlesex County  
2:30 p.m. & 8:30 p.m. – Access New Jersey  
3:00 p.m. & 9:00 p.m. – Not Just Rock & Roll

### Wednesday

10:00 a.m. & 7:00 p.m. – Board of Education Meeting  
1:00 p.m. & 6:00 p.m. – Aging Insights  
1:30 p.m. & 6:30 p.m. – Health Talk  
3:00 p.m. – Classroom Close-Up/School Talk  
4:00 p.m. – Public Domain Domain – Movies

### Friday, Saturday & Sunday

10:00 a.m. – Public Domain Domain – Old Time Radio  
12:00 p.m. & 8:00 p.m. – Highland Park Update/Showcase  
12:30 p.m. & 7:30 p.m. – Talk of The Town  
1:00 p.m. – Borough Council Meetings  
2:00 p.m. & 6:00 p.m. – Aging Insights  
2:30 p.m. & 6:30 p.m. – Health Talk  
3:30 p.m. – Classroom Close-Up/School Talk  
4:00 p.m. – Board of Education Meeting  
8:30 p.m. & 11:00 p.m. – Public Domain Domain – Movies  
10:00 p.m. – Valley Homegrown Music

## Window Art Show & Window Art Crawl



### Saturday, September 17, 5 PM – 8 PM

Main Street Highland Park, the Highland Park Art Collective, and the Highland Park Arts Commission have teamed up to bring you the artwork of local artists in Highland Park storefronts for the whole month of September!

The Window Art Show, which runs from September 2 – September 30, pairs local artists with local shop owners to showcase the artists' artwork as well as the host shops!

The Window Art Crawl will be on Saturday September 17 from 5-7 pm. This will start at 5pm at our new art store, Tiger Arts, with the "crawl" -- an artist-led tour around downtown of the window displays.

The reception will begin at 7pm. There will be a wine & cheese reception at Pino's where participants can talk to some of the participating artists.

(If you can't attend the Art Crawl event on September 17, you can still view the Window Art for the entire month of September - it'll be there all month!)

We have artists aged 10 to 80 showcasing their work in 25 businesses around town!

Learn more at [www.mainstreethp.org](http://www.mainstreethp.org) or [www.facebook.com/MainStreetHP](https://www.facebook.com/MainStreetHP).

## Town-wide Garage Sale



### Saturday September 17 & Sunday September 18, 9 am – 6 pm

Don't miss Highland Park's annual town-wide garage sale, where Highland Park residents and businesses sell their stuff on their sidewalks and stoops, and others come to scoop up all the great bargains! Whether you're looking to downsize and unclutter or you're looking for great deals, Highland Park is the place to be during this two-day extravaganza.

Want to sell your stuff on your stoop, sidewalk, storefront, or driveway? To register, email [HPGarageSale@gmail.com](mailto:HPGarageSale@gmail.com) (or call the Garage Sale hotline at 732-249-1654) and include your name, address, email address, and phone number.

Learn more at [www.mainstreethp.org](http://www.mainstreethp.org) or [www.facebook.com/MainStreetHP](https://www.facebook.com/MainStreetHP).

## Wildlife Education Series



The Environmental Commission held its first Wildlife Education session on August 20, hosting more than 20 people who came for an introductory lesson on birds, especially those native to Highland Park. The Wildlife Education series was made possible from a grant from the Association of New Jersey Environmental Commissions.

The next session, will be held Sunday, September 18 at 9:00 am. Meet at the Meadows on South 5<sup>th</sup> and Valentine. Parking is available in the DPW parking lot. For more information contact Daniel Larkins at [dwlarkins@gmail.com](mailto:dwlarkins@gmail.com).

## Surviving Sexual Abuse

Tracy Stopler, a SAFER Volunteer: (Survivors Advocate for Emergency Response), will talk about her new book, *The Ropes That Bind--An Inspirational Story of One Survivor's Aftermath of Sexual Abuse*, on Saturday, September 17 at 2:00 PM at the Highland Park Public Library, 31 North Fifth Avenue. Tracy connects special victims of rape, sexual assault and/or domestic violence to The Safe Center LI. This program makes it possible for trained volunteers to provide support and advocacy for these special victims in hospitals. Tracy is also a facilitator for The Enough Abuse campaign, a program designed to help adults better understand how to protect children from sexual abuse. A book signing and refreshments will follow the talk.